



MATER DEI CATHOLIC BASKETBALL

PRACTICE PLAN

Day _____ · Location _____ · Time _____

TIME MIN BLOCK

CHECKLIST

NOTES

TEAMS

BLUE

WHITE

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

